# EVERYBODY CAN DO SOMETHING!

Everyone can do their part to prevent the spread of viral illness, including COVID-19
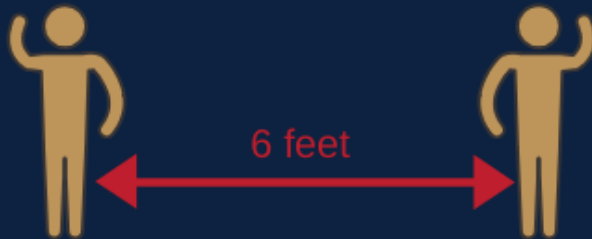
Wash your hands frequently with soap and water

Stay home if you are sick

Frequently clean surfaces like doorknobs.

6 feet

Use Social Distancing and stay 6 feet away from other people

cough

Cover your cough

Avoid gatherings of large groups of people